



About Nordoff and Robbins

Key Messages

Music can transform lives

The work of Nordoff and Robbins can be transformative, from an adult with dementia reconnecting with their family, helping an autistic child communicate and connect with another person, to a teenager going through mental health challenges using music to help them get through each day.

Their music therapists are experts

Nordoff and Robbins is the UK's largest music therapy charity, with a unique approach shaped by more than 60 years of practice. They use music therapy to support people across the UK, train future music therapists, and carry out research to advance and share our approach.

Both Nordoff and Robbins and LW Theatres know the power of music

We see it every day, which is why we're supporting this charity in their mission to make sure high-quality music therapy is a key part of health and social care services. That's because music and creative health can improve mental health and well-being in individuals and communities.

Working with people of all ages, they break down barriers caused by life-limiting illness, disability and social isolation using the power of music

Like us, they bring people together through music, creating connections and experiences and use the creative arts to unlock people's potential

Last year Nordoff and Robbins supported nearly 17,000 people through music therapy

We could nearly fill all the LW theatres twice over with the people they have reached in the last year alone. But demand is growing, and they can't keep up. With your help they can reach even more people who need them.

Music therapy is a platform for connection and expression

Music Therapy is a clinical intervention delivered by registered music therapists. Their outstanding education programme is delivered across the UK, where our music therapists train for two years. Once graduated, they go on to support thousands of people whose lives have been affected by injury, illness or disability through supporting their psychological, emotional, cognitive, physical, communicative and social needs.

The ability to respond to music is universal, but the way Nordoff and Robbins react is unique to their personality and circumstances

By making music together and tuning into people's individual responses, music therapists create a platform for connection and self-expression. The positive impact on physical, social, mental and emotional wellbeing can be transformative.

Evidence shows that taking part in heritage, art, music, creative and expressive activities can have huge benefits

It enhances social interaction, encourages healthier habits, improves emotional and cognitive wellbeing, supports personal and community development, and helps prevent and manage long-term health conditions.

