

NORDOFF & ROBBINS
MUSIC THERAPY

**Music is in
our DNA**

“Universal values can live in music – that is why music can become so important in the lives of all of us”

Nordoff and Robbins



Photography © Ed Hill

Our purpose is to break through barriers with the power of music, creating space for people to express themselves and find connection in society

We are Nordoff and Robbins and together we are music

Our vision is to live in
a world where through
music therapy, people's
true potential is realised
regardless of disability,
illness, or exclusion



60 years of innovation

In music
we are
equal

Nordoff and Robbins is the UK's largest music therapy charity, with a unique approach shaped by more than 60 years of practice.

We stand alone in our approach. Working one-to-one or with small groups, our therapists create a platform for people to express themselves and share a connection.



60 years of innovation

In music therapy no one is being taught, no one is being fixed

Therapist and client make music together as equals, responding to each other's cues. No two sessions are the same, because no two clients are the same.



Our work can be transformative

We deliver music therapy to a range of clients across the UK. Our work can be transformative, from an adult with dementia to a child with special educational needs, or someone who has sustained a brain injury.

We meet the growing need for music therapy by training music therapists and ensuring that their skills are not only maintained but developed. We research the impacts of music therapy to inform how we support our clients.

Our impact

300

Partnership organisations
across the UK

100

Music therapists working
for Nordoff and Robbins

40,468

Music therapy sessions
delivered in 2022

33,180

People reached in 2022

Our approach

The Nordoff and Robbins approach is based on the power of musical participation.

The success of the approach depends upon the therapists' skill in seeing each person as an individual and tuning in to their unique responses.





**Music has
helped
Romano find
his voice**

“When he sings, it doesn't matter to him if it's clear or not because there's not a risk that he won't be understood, so it doesn't shatter his confidence.”

Tina

Romano's mum



"It was through music therapy
that Ava felt real inclusion
for the first time in her life"

Liz, Ava's mum

**In music we
are equal**

Music is in our DNA

We believe that music is a human right

We have all felt its potency, how it unlocks feelings and memories and brings us together. It is a universal language, a mode of communication.

Imagine if music alone gave you the power to communicate. Then imagine a life without music.

For some of our clients this is their reality.

We work to ensure that everyone who could benefit from music therapy does.

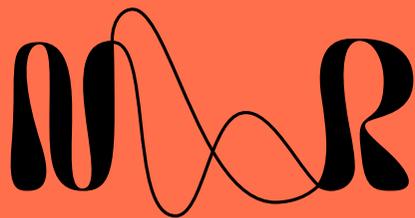


The music industry's charity of choice

No one understands the power of music better than musicians. As a result, we are fortunate to have the support of incredible artists, from every generation and genre, who supercharge the profile of our work and lend their talents to our fundraising campaigns.

We also benefit from the generosity of people in every part of the industry, from labels to instrument makers to venues.





NORDOFF & ROBBINS

nordoff-robbins.org.uk

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